

## Brighton window

A squirrel feasts on pumpkin pulp and seeds (left for birds and critters) just before the snowstorm expected to arrive Monday night in Brighton and other places in Colorado.

Daily Post photo



## Sister Cities benefit dinner, auction Feb. 9

Eat, drink and buy stuff: A traditional Polish dinner (historically, kielbasa, pork, potatoes, sauerkraut and more – sorry, no pickle soup this year) and auction on Feb. 9, will help fund the annual cultural exchange program between students from Brighton and its sister city, Ziebiecie, Poland.

This year, the Polish students and their chaperones will visit Brighton and other places in Colorado to learn more about culture, history, education, and to enjoy natural resources.

Doors will open at 5:30 p.m. at the

Brighton Recreation Center community rooms, 555 N. 11th Ave., with dinner served at 6:30, and the live auction beginning at 7 p.m.

The cash bar will feature Piwo (Polish beer), and wine.

Tickets for the Feb. 9 event are \$15 per person, available by contacting Neil Fleischauer at 303-523-4224, or Vayo Rodriguez at 303-990-4099.

## Funeral notices

**Fred Gilmore**, 93, died Dec. 30 2018, in Brighton. Memorial service, 2 p.m., **Saturday**, at First Baptist Church, Hudson. **Full obit Tabor-Rice**

## Gas gauge

**\$1.83.9** Lowest unleaded price at 5 p.m. Sunday:

**Gas-a-Mat** station on S. Main Street and **King Soopers** on Bromley Lane with SooperCard

## Three Days

### Today

**9 a.m. – Introduction to Shelter Box USA**, Eagle Ridge Academy, 3551 Southern St., 9 a.m.; Brighton Rotary and Brighton Interact Club at ERA host a meeting on the global disaster relief charity that provides immediate emergency shelter and other lifesaving aid to survivors of a disaster or humanitarian crisis; attend to learn more about the unique box and how you can help.

**9:30-10:15 a.m. & 2:30-3:15 p.m. – Baby Bounce**, Anythink Brighton; songs, rhymes and stories for babies and their caregivers; for ages birth-23 months.

**4-5 p.m. – STEAM Tuesdays**, Anythink Brighton; Barr Lake Ranger Talk – Learn a bit about Barr Lake State Park; for students in grades K-5; RSVP suggested.

**5:45-6:30 p.m. – Pilates Mat Class**, Platte Valley Medical Center, Suite 130 Medical Plaza 1; strengthen and tone your abs, hips and shoulders, increase flexibility, stamina and overall health; taught by licensed PT and certified Pilates instructor, \$9 per class, RSVP 303-498-1840.

**6:30-7:30 p.m. – Mindfulness and Meditation**, Anythink Brighton; explore a variety of mindfulness activities that can be incorporated into the daily routine. RSVP online.

### Wednesday

**9:30-10:15 a.m. – Baby Bounce**, Anythink Brighton; time with your little one – songs, rhymes and stories for babies and their caregivers; for ages birth-23 months.

**10-11 a.m. – Wound-Care Nutrition**, Platte Valley Medical Center, Medical Plaza 2 second-floor conference room; learn to optimize your diet to live a healthier lifestyle and improve wound healing: healthy eating, nutrition for wound healing and nutrition for wound prevention; recommended for patients receiving wound-care treatment or at risk of developing a non-healing wound, and family and caretakers of patients, 303-498-1699.

**10:30-11:30 a.m. – Primetime for Preschool**, Anythink Brighton; stories, finger plays, songs and other fun activities just for preschoolers; for ages 3-5.

**1-2 p.m. – City Spotlight: Brighton Historic Properties**, Eagle View Adult Center; city Historic Preservation Coordinator Kim Bauer will present a slide show on 11 Brighton properties with historic significance; learn something new about Brighton's history and/or reminisce about places in your past; free, but **register by Jan. 22**.

### Thursday

**9-11 a.m. – Total Joint University**, Platte Valley Medical Center; for patients scheduled for or contemplating a joint replacement; info from pre-op to recovery; RSVP dclements@pvmc.org or 303-498-1840.

**9:30-10 a.m. – Music & Movement**, Anythink Brighton; sing, dance, play some basic instruments; for ages 2-6.

**10:15-11 a.m. – Toddler Tales**, Anythink Brighton; stories, songs and finger plays; and some social time with other caregivers while the children play; for ages 2-3.

**12:15-12:50 p.m. – Yoga**, Platte Valley Medical Center, Suite 130; \$6 drop-in rate; certified instructor. Bring your mat, info 303-498-1840.

**4-5 p.m. – Story Lab**, Anythink Brighton; discover story through reading, writing and storytelling; for grades 3-8.

**5-7 p.m. – A Peculiar Incident at Anythink Brighton**; Smartphones and security cameras have captured evidence of otherworldly activity in the library; explore classic in-camera special-effects techniques and create your own fantastical footage; for ages 12 and older.

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